

1. Introduction










This document outlines lifesaving rules that must be followed; it is based upon the IOGP Life-Saving Rules, Report No. 459, Version 3.

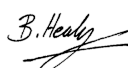
The studies by IOGP have identified that by following these rules, **376 fatalities from 2008-2018 in the oil and gas sector could have been prevented**. Accordingly, their importance cannot be understated and breaches will not be accepted.

2. Scope

These rules apply to all Thrust Maritime operations.

3. The Rules

<p>Bypassing Safety Controls</p> <p>Obtain authorisation before overriding or disabling safety controls</p>  <ul style="list-style-type: none"> I understand and use safety-critical equipment and procedures which apply to my task I obtain authorisation before: <ul style="list-style-type: none"> disabling or overriding safety equipment deviating from procedures crossing a barrier 	<p>Confined Space</p> <p>Obtain authorisation before entering a confined space</p>  <ul style="list-style-type: none"> I confirm energy sources are isolated I confirm the atmosphere has been tested and is monitored I check and use my breathing apparatus when required I confirm there is an attendant standing by I confirm a rescue plan is in place I obtain authorisation to enter 	<p>Driving</p> <p>Follow safe driving rules</p>  <ul style="list-style-type: none"> I always wear a seatbelt I do not exceed the speed limit, and reduce my speed for road conditions I do not use phones or operate devices while driving I am fit, rested and fully alert while driving I follow journey management requirements
<p>Energy Isolation</p> <p>Verify isolation and zero energy before work begins</p>  <ul style="list-style-type: none"> I have identified all energy sources I confirm that hazardous energy sources have been isolated, locked, and tagged I have checked there is zero energy and tested for residual or stored energy 	<p>Hot Work</p> <p>Control flammables and ignition sources</p>  <ul style="list-style-type: none"> I identify and control ignition sources Before starting any hot work: <ul style="list-style-type: none"> I confirm flammable material has been removed or isolated I obtain authorisation Before starting hot work in a hazardous area I confirm: <ul style="list-style-type: none"> a gas test has been completed gas will be monitored continually 	<p>Line of Fire</p> <p>Keep yourself and others out of the line of fire</p>  <ul style="list-style-type: none"> I position myself to avoid: <ul style="list-style-type: none"> moving objects vehicles pressure releases dropped objects I establish and obey barriers and exclusion zones I take action to secure loose objects and report potential dropped objects
<p>Safe Mechanical Lifting</p> <p>Plan lifting operations and control the area</p>  <ul style="list-style-type: none"> I confirm that the equipment and load have been inspected and are fit for purpose I only operate equipment that I am qualified to use I establish and obey barriers and exclusion zones I never walk under a suspended load 	<p>Work Authorisation</p> <p>Work with a valid permit when required</p>  <ul style="list-style-type: none"> I have confirmed if a permit is required I am authorised to perform the work I understand the permit I have confirmed that hazards are controlled and it is safe to start I stop and reassess if conditions change 	<p>Working at Height</p> <p>Protect yourself against a fall when working at height</p>  <ul style="list-style-type: none"> I inspect my fall protection equipment before use I secure tools and work materials to prevent dropped objects I tie off 100% to approved anchor points while outside a protected area

						
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Life Saving Rules

I acknowledge that I have been shown, explained and understand the above.

Signature:

Date:

Company: